DECALOGUE OF RECOMMENDATIONS
Post-pandemic university learning

TEACHING

1. Using the Digital Teaching Ring for each subject as a resource bank
2. Strategies for the appropriate measurement of workloads
3. Opening of sufficient study spaces

COMMUNICATION

4. Online and face-to-face tutoring: maintaining duality
5. Using the Digital Teaching Ring as a communication platform
6. Promotion of ICTs: training of the university community

SOCIO-EMOTIONAL SUPPORT

7. Increased offer of extra-curricular activities
   (both face-to-face and *online*).
8. Strengthening of counselling services in universities
9. Impact on empathy: training the university community on mental health

TRANSVERSAL

10. Reconciliation tools, fostering the social dimension of higher education